Herfstcriterium 2026: Session: 3: COACH evaluation sheet for TEAM: TSZ

Coachinfo: Warming up from: 08:00 untill 08:45. Teamleadmeeting @ The listed starttimes are indicative!

Coaches: De Wit Ellen HEADCOACH

PB => Personal Best time **SB => Seasons Best time: Season starting point: first of September.**

Event number: 14: 100M MEDLEY MEN 13+ Heat:11, starttime: 10:00

Heat: 11/14 Lane : 4 Athlete: BOEL LIAM **Q-time: 01:11:40**

PB (25m pool): 01:10.87 Temse 15/11/2026 **PB (50m pool):** no time **SB:** 01:10.87 Temse 15/11/2026

	25 M	50 M	75 M	100 M	
PB		00:32.88		01:10.87	
		00:32.88		*00:37.99*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 15: 50M BUTTERFLY MEN 11-12 Heat:4, starttime: 10:10

Heat: 4/10 Lane : 2 Athlete: EL BOUJADDAYNI YAHYA **Q-time: 00:45:50**

PB (25m pool): 00:45.50 Durmehal 27/09/2026 **PB (50m pool):** 00:45.55 **SB:** 00:45.50 Durmehal 27/09/2026

	25 M	50 M	
PB		00:45.50	
		00:45.50	
	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 17: 200M BACKSTROKE MEN 13+ Heat:8, starttime: 11:10

Heat: 8/9 Lane : 3 Athlete: BOEL LIAM **Q-time: 02:30:44**

PB (25m pool): 02:30.44 EEKLO 04/10/2026 **PB (50m pool):** 02:35.37 **SB:** 02:30.44 EEKLO 04/10/2026

	25 M	50 M	75 M	100	125	150	175	200 M
PB		00:35.00		01:13.00		no time		02:30.44
		00:35.00		*00:38.00*				
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .

Coach feedback:

Herfstcriterium 2026: Session: 3: COACH evaluation sheet for TEAM: TSZ

Event number: 18: 100M FREESTYLE WOMEN 11-12 — Heat:8, starttime: 11:30

Heat: 8/15 Lane : 6 Athlete: CAZACU ANTONIA SABINA — **Q-time: 01:18:24**

PB (25m pool): 01:17.58 Temse 15/11/2026 — **PB (50m pool):** 01:19.62 **SB:** 01:17.58 Temse 15/11/2026

	25 M	50 M	75 M	100 M	
PB		00:36.71		01:17.58	
		00:36.71		*00:40.87*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 18: 100M FREESTYLE WOMEN 11-12 — Heat:10, starttime: 11:35

Heat: 10/15 Lane : 7 Athlete: GOEMINNE ELLEMIEKE — **Q-time: 01:17:09**

PB (25m pool): 01:14.27 Temse 15/11/2026 — **PB (50m pool):** 01:16.42 **SB:** 01:14.27 Temse 15/11/2026

	25 M	50 M	75 M	100 M	
PB		00:35.74		01:14.27	
		00:35.74		*00:38.53*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 19: 100M BREASTSTROKE MEN 11-12 — Heat:8, starttime: 12:05

Heat: 8/11 Lane : 6 Athlete: EL BOUJADDAYNI YAHYA — **Q-time: 01:41:47**

PB (25m pool): 01:41.47 EEKLO 04/10/2026 — **PB (50m pool):** 01:50.68 **SB:** 01:41.47 EEKLO 04/10/2026

	25 M	50 M	75 M	100 M	
PB		00:48.08		01:41.47	
		00:48.08		*00:53.39*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback: